

Ste – Geneviève United Church

ANNUAL FOOD DRIVE 2023

Recipient “On Rock Community Services”

SHOPPING LIST (Please Keep This As A Weekly Reminder)

Please help to make our **FOOD DRIVE** a success! As you are able, please let us start by bringing in at least **1 non-perishable** food item, **per person / per week**. ... **HERE ARE SOME IDEAS!**

October 1	Canned Vegetables Peas, Corn, Green Beans, Yellow Beans, Baked Beans, Mushrooms, Tomatoes, Legumes
October 8	Canned Fruit Peaches, Pears, Fruit Cocktail, Apple Sauce, Pineapple
October 15	Canned Meats Tuna, Salmon, Chicken, Ham, Corned Beef, Stew
October 22	Soups and Juices Chicken, Vegetable, Onion, Tomato Soups Orange, Apple, Grape, Cranberry, Pineapple Juices
October 29	Pasta and Sauces, Rice, Quinoa
November 5	Breakfast Cereals, Baby Food, Baby Cereals
November 12	Basic Pantry Supplies Sugar, Flour, Baking Soda, Baking Powder, Brown Sugar, Salt, Pepper, Corn Starch, Cooking Oil, Tea, Instant Coffee
November 19	Condiments Ketchup, Relish, Mustard, Mayo, Pickles, Salad Dressings, Jam, Peanut Butter
November 26	Snacks Jell-O, Cake Mixes & Frostings, Hard Candy, Popcorn, Raisins, Nuts, Cookies
December 3	Personal Hygiene Products Body Soap, Shampoo, Deodorant, Body Lotion, Toothbrush, Sanitary Napkins, Toothpaste, Hairbrush, Comb, Diapers, Toilet Paper, Kleenex, etc.
December 10	Household Cleaning Products Liquid Dish Detergent, Laundry Detergent, Floor Cleaner, Toilet Bowl Cleaner, etc.
Any time	Kids PEANUT FREE lunch items Fruit Cups, Breakfast Bars, Apple Sauce Cups, etc.

If you would like, hats, mittens, scarves, a small Christmas gift for children up to 10 years old, (wrapped and marked: boy (age) or girl (age)) placed on the Christmas tree in the Narthex.

PLEASE NOTE THAT THESE ARE JUST SUGGESTIONS!

Every little bit helps.

THANK YOU FOR YOUR KIND SUPPORT!

Telephone: 514-626-4795

E-Mail: sguc@stegennys.org

If you prefer you can issue a **cheque directly to “On Rock Community Services”** (<http://onrock.org>) or make an online donation to On Rock at <https://pushpay.com/g/onrock?src=hpp>.
Please do not forget that we at Ste-Genny’s still need to have money added to our Benevolent Fund, which helps those in need that come to the Church seeking assistance.