

# Stē – Geneviève United Church

## ANNUAL FOOD DRIVE 2017

Recipient “On Rock Community Services”

### SHOPPING LIST

(Please Keep This As A Weekly Reminder)

Please help to make our **FOOD DRIVE** a success! As you are able, please let us start by bringing in at least **1 non-perishable** food item, **per person / per week**. ... **HERE ARE SOME IDEAS!**

<b>October 15</b>	<b>Canned Vegetables</b> Peas, Corn, Green Beans, Yellow Beans, Baked Beans, Mushrooms, Tomatoes, Legumes
<b>October 22</b>	<b>Canned Fruit</b> Peaches, Pears, Fruit Cocktail, Apple Sauce, Pineapple
<b>October 29</b>	<b>Canned Meats</b> Tuna, Salmon, Chicken, Ham, Corned Beef, Stew
<b>November 5</b>	<b>Soups and Juices</b> Chicken, Vegetable, Onion, Tomato Soups Orange, Apple, Grape, Cranberry, Pineapple Juices
<b>November 12</b>	<b>Pasta and Sauces, Rice, Quinoa</b>
<b>November 19</b>	<b>Breakfast Cereals, Baby Food, Baby Cereals</b>
<b>November 26</b>	<b>Basic Pantry Supplies</b> Sugar, Flour, Baking Soda, Baking Powder, Brown Sugar, Salt, Pepper, Corn Starch, Cooking Oil, Tea, Instant Coffee
<b>December 3</b>	<b>Condiments</b> Ketchup, Relish, Mustard, Mayo, Pickles, Salad Dressings, Jam, Peanut Butter
<b>December 10</b>	<b>Snacks</b> Jell-O, Cake Mixes & Frostings, Hard Candy, Popcorn, Raisins, Peanuts, Cashews, Cookies
<b>December 17</b>	<b>Personal Hygiene Products</b> Body Soap, Shampoo, Deodorant, Body Lotion, Toothbrush, Sanitary Napkins, Toothpaste, Hair Brush, Comb, Diapers, Toilet Paper, Kleenex, etc. <b>Household Cleaning Products</b> Liquid Dish Detergent, Laundry Detergent, Floor Cleaner, Toilet Bowl Cleaner, etc.
<b>Any time</b>	<b>Kids PEANUT FREE lunch items</b> Fruit Cups, Breakfast Bars, Apple Sauce Cups, etc.

**PLEASE NOTE THAT THESE ARE JUST SUGGESTIONS!**

**Every little bit helps.**

**THANK YOU FOR YOUR KIND SUPPORT!**

**Telephone: 514-626-4795**

**E-Mail: [sguc@stegennys.org](mailto:sguc@stegennys.org)**

If you prefer to issue a cheque directly to “On Rock Community Services” a tax receipt will be issued for amounts of \$20.00 and over. *Please do not forget that we at Ste-Genny’s still need to have money added to our Benevolent Fund which helps those in need that come to the Church seeking assistance.*